INTEGRATING NUTRITIONAL & ENVIRONMENTAL MEDICINE INTO CLINICAL PRACTICE

The Australasian College of Nutritional and Environmental Medicine (ACNEM) is a not-for-profit medical college established in 1982, offering postgraduate training for healthcare professionals in Nutritional and Environmental Medicine (NEM), membership, fellowship and a popular referral service for members of the public.

“Nutrition is not ‘alternative’ and not ‘complementary’. It is a basic requirement of health and central to good medicine.” Prof Ian Brighthope
ACNEM training is designed for healthcare professionals, predominantly doctors, who want to learn more effective ways of treating their patients. Course content is strongly referenced and presented by medical and clinical experts, with practical tools to aid integration into daily practice.

The four-day foundation course covers the key nutritional, environmental and biochemical factors in the development and treatment of disease, complemented by a wide range of highly practical, one-day and two-day courses examining the application of NEM in specific areas of medicine.

ACNEM training optionally leads to Certificate, Diploma and Fellowship qualifications in NEM and can be undertaken face-to-face in locations throughout Australia and New Zealand, or online by distance learning.

Full Membership of the college is open to registered medical doctors and dentists. Associate Membership is open to other tertiary qualified healthcare professionals. Members of the public are also invited to become Friends of ACNEM.

ACNEM is a fully accredited RACGP QA&CPD training provider for the 2008-2010 Triennium with 40 Category 1 points allocated to each program. ACRRM and RNZCGP points may also be available.

For more information about ACNEM training or membership please visit www.acnem.org, email mail@acnem.org or phone (03) 9597 0363.

“Why weren’t we taught this material before now?”
“Wish this had been part of my GP training.”

### 2009 Training Calendar

**March - Sydney**
- Primary Course in NEM (12-15 Mar)
- Fertility, Pre-conception & Pregnancy (12-13 Mar)
- Children & Adolescents (14-15 Mar)

**May - Adelaide**
- Primary Course in NEM (7-10 May)
- Metabolic Syndrome (7-8 May)
- Andropause & Menopause (9-10 May)

**July - Sydney**
- Injectable Nutrients (1 day, 17 Jul)
- Chelation Therapy + opt. certification (18-19 Jul)

**September - Brisbane**
- Primary Course in NEM (17-20 Sep)
- Thyroid & Adrenal (17-18 Sep)
- Pain Mgmt & Musculoskeletal (19-20 Sep)

**November - Auckland**
- Primary Course in NEM (19-22 Nov)
- Metabolic Syndrome (19-20 Nov)
- Andropause & Menopause (21-22 Nov)

Please refer to the website for training courses and locations in 2010.

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Quote promotional code “POSTCARD” when registering to receive a discount.
Register online at www.acnem.org.