



# ACNEM JOURNAL

## Author Guidelines

The Australasian College of Nutritional and Environmental Medicine (ACNEM) is a not-for-profit medical college established in 1982 offering postgraduate training for health professionals in nutritional and environmental medicine, representation, networking and support for its members. Full Membership of the college is open to registered medical doctors and dentists, while Associate Membership is available to other tertiary qualified healthcare professionals. Members of the public are also invited to become Friends of ACNEM. In addition to a number of benefits, Members and Friends of ACNEM receive the ACNEM Journal. Institutions and libraries may also subscribe to the Journal.

The Journal is published four times a year, usually in March, June, September and November and contains papers and articles in the field of nutritional and environmental medicine and the broader area of integrative medicine. It also contains items of news, case studies, letters, book reviews and other features. PDF copies of the Journal or articles from the Journal may be posted on the ACNEM website.

The Journal does not carry commercial or classified advertisements, however, we do accept inserts, to which a cost applies. The Editorial Committee reserves the right to accept or reject any inserts submitted.

Papers and articles are invited for consideration to publish in the Journal. The continuing call for papers includes a request for:

- |                       |                      |                         |
|-----------------------|----------------------|-------------------------|
| * investigations      | * case reviews       | * hypotheses            |
| * outcome studies     | * literature reviews | * technical reports     |
| * clinical procedures | * commentary         | * clinical notes        |
| * correspondence      | * case reports       | * letters to the editor |

The Editorial Committee reserves the right to accept, request changes to, or reject any papers submitted for publication.

Where applicable (eg: for scientific papers), manuscripts should be prepared in accordance with the *Uniform Requirements for Manuscripts submitted to Biomedical Journal* from which the following instructions are adapted.

## **Summary of Requirements**

Manuscripts should be provided in Microsoft Word format, double-spaced, including title, abstract, text, acknowledgments, references, tables and legends.

Case reports and case reviews should not exceed 1000 words. Investigations, literature reviews, research studies, hypotheses, technical reports and clinical notes should not exceed 2500 words.

Each table, figure or illustration (complete with title and footnotes as applicable) should be provided on a separate page. Please submit the text of tables only, with columns created by tabulation. Do not include any grid lines or other formatting. Illustrations must be good resolution black and white or colour jpg or tif format.

Submit the manuscript by email to [michelle@acnem.org](mailto:michelle@acnem.org) with a statement declaring that the manuscript is the original work of the author/s and declaring any other publication of the work. Include with the manuscript a brief author biography and head and shoulders photo.

## **Abstract and Index Terms**

Where applicable, the second page should carry an abstract (up to 150 words if unstructured, 250 if structured). The abstract should state the purpose of the study or investigation, basic procedures (selection of study subjects; observational and analytical methods); main findings (give specific data and their statistical significance, if possible); and the principal conclusions. Emphasize new and important aspects of the study or observations.

## **References**

Manuscripts are to be fully referenced. Number references consecutively in the order in which they are first mentioned in the text. Identify references in text tables and legends by Arabic numerals and parentheses. References cited only in tables or in legends to figures should be numbered in accordance with a sequence established by the first indication in the text of the particular table or illustration.

Use the style of the example below. The titles of journals should be abbreviated according to the style used in the Index Medicus.

### *Example of reference*

Smith P et al. "The Management of Vitamin K Deficiency in Epileptics." *Am J Clin Nutr* 42:750-754, 1988.