

Primary Module in Nutritional and Environmental Medicine (NEM)

Thursday 23 & Friday 24 November 2017, Sydney

THURSDAY 23 NOVEMBER

	Welcome	Ms Penelope Griffiths (MC)
8.30 am	Introduction to Nutritional and Environmental Medicine - Part 1	Dr Matt Shelton
10.30 am	Morning tea	
11.00 am	Nutritional Biochemistry	Dr Kerry Harris
12.30 pm	Lunch	
1.30 pm	Low-stress diet and diet history case taking	Dr Kerry Harris
3.00 pm	Afternoon tea	
3.30 pm	Introduction to NEM Part 2	Dr Matt Shelton
4.30 pm	Close	

FRIDAY 24 NOVEMBER

8.00 – 8.15	Mindfulness meditation (<i>optional</i>)	Dr Christabelle Yeoh
8.30 am	NEM and the nervous system	Dr Christabelle Yeoh
10.30 am	Morning tea	
11.00 am	An introduction to functional pathology	Ms Jasmine King
12.30 pm	Lunch	
1.30 pm	Mental health; biochemical pathways, incl. methylation & pyrroles	Dr Kerry Harris
3.00 pm	Afternoon tea	
3.30 pm	Diabetes and the cardiovascular system	Dr Matt Shelton
4.30 pm	Close	

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Saturday 25 & Sunday 26 November 2017, Sydney

SATURDAY 25 NOVEMBER

8.30 am	Oncology: Time for n=1 in cancer therapy?	Dr Joachim Fluhrer
10.30 am	Morning tea	
11.00 am	Environmental Medicine	Ms Tabitha McIntosh
12.30 pm	Lunch	
1.30 pm	Immune conditions	Dr Trevor Cheney
3.00 pm	Afternoon tea	
3.30 pm	An integrative view of female hormones and related conditions	Ms Annalies Corse
4.30 pm	Close	

SUNDAY 26 NOVEMBER

8.00 – 8.15	Mindfulness meditation (<i>optional</i>)	Dr Christabelle Yeoh
8.30 am	Hypothalamic-Pituitary Adrenal (HPA) axis dysfunction	Ms Belinda Reynolds
10.30 am	Morning tea	
11.00 am	Drug-nutrient interaction	Ms Belinda Reynolds
12.30 pm	Lunch	
1.30 pm	Gastrointestinal function and assessment	Dr Christabelle Yeoh
3.00 pm	Afternoon tea	
3.15 pm	The safe integration of NEM (combined workshop)	Dr Nadine Perlen
4.15 pm	Close	