

**Nutritional and Environmental Medicine (NEM) – Part 1
(Primary Module in Foundations of NEM)**

Saturday 27 & Sunday 28 July 2019, Perth, Australia

SATURDAY 27 JULY

Welcome

8.30 am Introduction to the gastrointestinal system and the microbiome, functional pathology, testing & case studies **Dr Christabelle Yeoh**

10.30 am Morning tea

11.00 am Macronutrients & an anti-inflammatory diet **Dr Michelle Woolhouse**

12.30 pm Lunch

1.30 pm ACNEM Board
1.40 pm Functional clinical assessment **Dr Nicole Nelson**

3.00 pm Afternoon tea

3.30 pm Comparing Dietary Approaches **Dr Kerry Harris**

4.30 pm Close

4.30 pm Networking Drinks & Canapes

SUNDAY 28 JULY

8.30 am Micronutrients **Rachel Arthur**

10.30 am Morning tea

11.00 am Mental Health: biochemical pathways, methylation & pyrroles **Dr Nicole Nelson**

12.30 pm Lunch

1.30 pm Cardiometabolic Conditions **Dr Kerry Harris**

3.00 pm Afternoon tea

3.30 pm NEM Practice; what you need to know – Medicare, PBS and prescribing Q&A – practice models **Dr Nadine Perlen**

4.30 pm Close