

## **Sports Medicine**

Saturday 27 July 2019, Perth

### SATURDAY 27 JULY

	Welcome	<i><b>Dr Nadine Perlen</b></i>
8.30 am	Foundations & Gut/ immune axis	<i><b>Dr Nadine Perlen</b></i>
9.30am	Nutrition foundations of performance	<i><b>Cliff Harvey</b></i>
<b>10.30 am</b>	<b>Morning tea</b>	
11.00 am	Individual tailoring & supplementation	<i><b>Cliff Harvey</b></i>
12.15pm	Q & A	
12.25 pm	ACNEM Board	
<b>12.30 pm</b>	<b>Lunch</b>	
1.30 pm	Sport nutrition assessment	<i><b>Dr Jen Graham-Taylor</b></i>
2.30pm	Recognising over-training syndrome	<i><b>Fiona Murray</b></i>
<b>3.00 pm</b>	<b>Afternoon tea</b>	
3.30 pm	Food and lifestyle	<i><b>Fiona Murray</b></i>
<b>4.30 pm</b>	<b>Close</b>	
<b>4.30 pm</b>	<b>Networking Drinks and Canapes</b>	