

Author guidelines for ACNEM Journal

The Australasian College of Nutritional and Environmental Medicine (ACNEM) is a not-for-profit medical college established in 1982 offering postgraduate training for health professionals in nutritional and environmental medicine, representation, networking and support for its members.

The ACNEM Journal is published four times a year and contains papers and articles in the field of nutritional and environmental medicine and the broader area of integrative medicine. It also contains items of news, case studies, letters, book reviews and information about the College. PDF copies of the Journal or articles from the Journal may be posted on the ACNEM website.

The Journal is published electronically and distributed to members as a downloadable PDF file.

There are no advertisements placed amongst the Journal articles however, a section at the end of the Journal includes advertisements from our annual sponsors, supporting organisations or casual advertisers. The Editorial Committee reserves the right to accept or reject any advertisements submitted.

Papers and articles are invited for consideration to publish in the Journal. The continuing call for papers includes a request for:

- research articles
- scientific papers
- clinical procedures
- commentary
- case studies
- letters to the editor
- hypotheses
- book reviews
- literature reviews

The Editorial Committee reserves the right to accept, request changes to, or reject any papers submitted for publication.



Manuscript Format

Where applicable (eg: for scientific papers), manuscripts should be prepared in accordance with the [‘Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals’](#)¹ from which the following instructions are adapted.

Summary of Requirements

- Manuscripts should be provided in Microsoft Word format, double-spaced, including title, abstract, text, acknowledgments, references, tables and legends.
- Case reports and case reviews should not exceed 1500 words.
- Investigations, literature reviews, research studies, hypotheses, technical reports and clinical notes should not exceed 2500 words.
- Each table, figure or illustration (complete with title and footnotes as applicable) should be provided on a separate page. Please submit the text of tables only, with columns created by tabulation. Do not include any grid lines or other formatting.
- Illustrations must be good resolution black & white or colour, jpg or tif format.
- Submit the manuscript by email to mail@acnem.org with a statement declaring that the manuscript is the original work of the author/s and declaring any other publication of the work.
- Include with the manuscript, author’s full name, qualifications and a brief author biography (100 words).

Abstract and Index Terms

Where applicable, the second page should carry an abstract (up to 300 words).

The abstract should state the purpose of the study or investigation, basic procedures (selection of study subjects; observational and analytical methods); main findings (give specific data and their statistical significance, if possible); and the principal conclusions.

Emphasize new and important aspects of the study or observations.

References

Manuscripts are to be fully referenced, using the Vancouver system. Please number references consecutively in the order in which they are first mentioned in the text. If a reference is used more than once, the same number should be used each time.

Identify references by Arabic numerals and parentheses e.g. ‘The conceptual difficulty of this approach has recently been highlighted ⁽¹⁾.’

References cited only in tables or in legends to figures should be numbered in accordance with a sequence established by the first indication in the text of the particular table or illustration.

Use the style of the example below:

Example of reference

Smith P et al. “The Management of Vitamin K Deficiency in Epileptics.” *Am J Clin Nutr* 42:750-754, 1988.

At the end of the paper, on a page(s) separate from the text, references should be listed in numerical order.

References to books and monographs should include the town of publication and the number of the edition to which reference is made. References to material available on websites should include the full Internet address, and the date of the version cited.

1. International Committee of Medical Journal Editors 2016, [“Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals”](#). [www.ICMJE.org](http://www.icmje.org), 2016
<http://www.icmje.org/icmje-recommendations.pdf>