

2017

ACNEM TRAINING

**METABOLIC CONDITIONS,
DIABETES &
CARDIOVASCULAR DISEASE**

SYDNEY | 23-24 NOVEMBER

REGISTER ONLINE AT ACNEM.ORG

The Australasian College of Nutritional and Environmental Medicine (ACNEM) presents a comprehensive 2-day training on metabolic conditions, diabetes and cardiovascular disease.

These health conditions, known collectively as non-communicable diseases (NCDs), are responsible for nearly 70% of all deaths worldwide. In Australia, cardiovascular disease and diabetes remain two of the leading causes of death. The main risk factors for these conditions are related to poor dietary choices and lifestyle behaviours including physical inactivity and the harmful use of alcohol and tobacco.

This training will provide you with an understanding of the factors that influence and drive cardiovascular events from a nutritional and environmental medicine perspective and assist you to support your patients to make informed life choices for better health outcomes. Case studies and strategies will be presented by industry recognised experts and experienced medical practitioners.

2 days face-to-face + required activities

For more information and to register online visit acnem.org

**RACGP &
ACCRM
CPD POINTS
MAY APPLY**

**EARLY BIRD
AND MEMBER
DISCOUNTS
APPLY**

LEARNING OUTCOMES



Gain a thorough understanding of the underlying principles of metabolic conditions including insulin resistance, diabetes and cardiovascular disease from a nutritional and environmental perspective



Learn about related investigative pathology and cardiometabolic risk markers



Explore the link between the gut microbiome and cardiovascular disease

LEARNING STYLE

This training event is offered in a workshop style format, allowing interaction between speaker and participants. Experienced practitioners will present case studies in a panel discussion. Face to face training is video recorded and made available in an online format following the event. Our online learning component is fully supported by a dedicated qualified online facilitator.

SPEAKERS



Dr Robyn Cosford MBBS(HONS), FACNEM
Conjoint Lecturer University of Newcastle
School of Biological Sciences
Director, Northern Beaches Care Centre



Dr Ron Ehrlich B.D.S, FACNEM (Dent)
Leading holistic health practitioner and holistic dentist; co-founder of the Sydney Holistic Dental Centre and Nourishing Australia



Dr Joanna Harnett PhD
Associate Lecturer in the Faculty of Pharmacy with a specialisation in Complementary Medicine at Sydney University



Tabitha McIntosh
Author of 'One Bite at a Time'
Qualified and experienced Naturopath, Clinical Nutritionist, educator and author, with over a decade of clinical experience



AUSTRALASIAN COLLEGE OF NUTRITIONAL AND ENVIRONMENTAL MEDICINE
PROVIDING POST GRADUATE EDUCATION TO DOCTORS AND HEALTHCARE PROFESSIONALS FOR OVER 30 YEARS.
ONLINE COURSES ALSO AVAILABLE - VISIT ACNEM.ORG FOR MORE INFORMATION | +61 3 9597 0363 | MAIL@ACNEM.ORG

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