MARCH 2020
AUCKLAND, NZ

Foundations of NEM
14 - 15 March
Foundation training in Nutritional and Environmental Medicine.
2 days face-to-face + equivalent of 2 days online + required activities

Exercise for Health & Performance
14 - 15 March
This brand new module will explore the impact of exercise on health as well as outline how nutritional medicine can be used to optimise exercise performance. Our highly experienced and specialised presenters will bring their clinical experience and knowledge to provide you with comprehensive clinical recommendations.
2 days face-to-face + required activities

AUGUST 2020
GOLD COAST, QLD

Foundations of NEM
1 - 2 August
Foundation training in Nutritional and Environmental Medicine.
2 days face-to-face + equivalent of 2 days online + required activities

Chronic Pain
1 - 2 August
Current research and experienced clinicians will provide you with the toolkit you need to understand and manage chronic pain and its associated conditions.
2 days face-to-face + required activities

NOVEMBER 2020
MELBOURNE, VIC

Foundations of NEM
14 - 15 November
Foundation training in Nutritional and Environmental Medicine.
2 days face-to-face + equivalent of 2 days online + required activities

Cardiometabolic Health
14 - 15 November
A comprehensive overview of evidence based NEM therapies for cardiometabolic conditions. This practical workshop will provide clinical tools and therapeutic recommendations.
2 days face-to-face + required activities

Oral Health
14 November
An overview of oral health and the many links to general health. This practical course has been designed to equip practitioners with the skills necessary to identify and assess problems within the oral cavity and will include common treatments.
1 days face-to-face + required activities

PLEASE NOTE: To obtain a Certificate of Completion there are a set of requirements for each module including a short reflective piece and an online quiz. ACNEM’s Foundations of NEM require four-days training. When they are offered as two-days face-to-face, it requires the learner to complete an additional two days of content online.