

2021 ACNEM CONFERENCE Healthy Ageing



LIVESTREAM Saturday 12th June 2021

TIME	TOPIC	PRESENTER
9.00-9.15 am	Opening	Senator the Hon. Richard Colbeck (Federal Minister for Aged Care)
	Masters of Ceremonies (MCs)	Dr Mark Donohoe and Dr Shamistra Barathan
9.15-9.50am	Interdisciplinary Approaches To Healthy Ageing	Professor Lene Juel Rasmussen (Denmark)
9.50-10.30am	The Ageing Microbiome	Dr Jason Hawrelak (Australia)
10.30-11.00am	Morning Tea	
11.00-11.40am	Nutritional Deficiency and Nutritional Needs As We Age	Dr Tim Crowe (Australia)
11.40 -12.10pm	Dementia and Alzheimer's Disease: the role of NEM in prevention	Dr Dave Jenkins (New Zealand)
12.10-12.50pm	Metabolic Changes With Ageing and Treatment Options	Dr Ross Grant (Australia)
12.50-1.50pm	Lunch	
1.50-2.35pm	Heart Rate Variability and Ageing	Dr Rollin McCraty (US)
2.35-3.15pm	Food Systems For Optimal Health In Later Life	Professor Mark Wahlqvist AO (Melbourne, Taipei and Qingdao)
3.15.-3.40pm	Afternoon Tea	
3.40-4.25pm	Cancer: Recovering a Hijacked Metabolism	Dr Dawn Lemanne (USA)
4.25-4.55pm	Healthy Ageing: Living with Cancer	Prof Mustafa Djamgoz (UK)
4.55pm	Closing remarks of Day 1	Dr Mark Donohoe and Dr Shamistra Barathan
5.00pm	Close	

LIVESTREAM and FACE-TO-FACE

Saturday 19th June 2021

TIME	TOPIC	PRESENTER
8.45am	Welcome	MCs: Dr Mark Donohoe and Dr Shamistra Barathan
8.55 -9.40am	Hormone health and the aging brain	Dr Felice Gersh (USA)
9.40-10.20am	Physical Activity in the Ageing Community – Addressing Neuromuscular Changes For Healthy Longevity	Professor Alan Hayes (Australia)
10.20-11.00am	Sleep Needs & Disorders With Ageing	Dr Reza Samvat (Australia)
11.00-11.30am	Morning Tea	
11.30 -12.10pm	Epigenetic Changes With Age	Professor Michael Fenech (Australia)
12.10-12.50pm	Diet and Lifestyle Biohacking	Dr Christabelle Yeoh (Australia)
12.50-1.30pm	Psychological Aspects of Ageing	Professor Sunil Bhar (Australia)
1.30-2.30pm	Lunch	
2.30-3.30pm	Workshop 1: Weight Management and Enhancing Ageing Metabolism Workshop 2: Advances in Cancer Prevention, Screening and Treatment <u>1st Presentation:</u> Advances in Cancer Screening: The NIIM CTC & Pathogen Test <u>2nd Presentation:</u> Rethinking oncogenesis	Dr Denise Furness (Australia) Dr Taufiq Binjemain (Australia) With A/Prof. Karin Ried (Australia) A/Prof Karin Ried Dr Taufiq Binjemain
3.30-4.00pm	Afternoon Tea	
4.00 – 5.00pm	Workshop 1 (cont.): Weight management and enhancing ageing metabolism Workshop 2 (cont): Advances in cancer prevention, screening and treatment <u>3rd Presentation:</u> Cancer prevention via nutritional & environmental medicine. <u>4th Presentation:</u> Healthy ageing with Kyolic aged garlic extract: Improve blood pressure, arterial stiffness and gut microbiota	Dr Denise Furness (Australia) Dr Taufiq Binjemain (Australia) With A/Prof. Karin Ried (Australia) Dr Taufiq Binjemain A/Prof Karin Ried
5.00 – 5.30pm	Conference Wrap-up and Final Remarks	
5.30 pm	Close	