



# acnem Fellowship

## Post Graduate Integrative Medicine Education

### What is Integrative Medicine?

Integrative Medicine (IM) practitioners look at the health of their patients holistically taking into account the diet, lifestyle and the patients' environment. It emphasizes the therapeutic relationship between practitioner and patient and is informed by evidence.

Integrative Medicine uses a combination of the most appropriate therapeutic interventions such as diet, lifestyle, modalities such as nutritional and herbal medicine alongside conventional drug therapy.

IM seeks to understand the patient and treat their health holistically.

### What is the acnem Fellowship?

The acnem Fellowship is a formal post graduate educational pathway providing practitioners with an understanding of the philosophical framework of Integrative Medicine and practical guidelines for its use in clinical practice. It is a well curated and comprehensive course for healthcare practitioners who wish to broaden their therapeutic approach in practice.

The Fellowship involves the completion of **5 core learning modules, 3 elective learning modules, 30 hours of NEM training & Viva Voce Exam.**

The **Fellowship Enrolment Fee** is paid once and secures your enrolment into the Fellowship program.

### The 5 core modules include:

1. Foundations of NEM 1
2. Foundations of NEM 2
3. Gastrointestinal Health
4. Environmental Health
5. Mental Health

### The 3 elective learning modules can be selected from the following:

- Cardiometabolic Health
- Child & Adolescent Health
- Cognitive Decline
- Exercise for Health and Performance
- Integrative Cancer Care
- Neuroinflammatory Conditions
- Optimising Immune Function with NEM
- Thyroid and Adrenal Conditions
- Women's Health

**30 hours of NEM training** can be made up of acnem Masterclasses, Short Courses & Webinars. Prior training with outside organisations can be considered.

**Assessments include** 2 x 1500 word case studies/ exploratory essays, 2 x online quiz & 100 logged clinical consultations.

The Viva Voce exam comprises a one hour examination with two examiners, and is based on a case study. Upon completion of required learning modules, training, and the examination, the Fellowship will be awarded.



## Who is the acnem Fellowship for?

The acnem Fellowship is a post graduate qualification suitable for:

- Medical Doctors
- Pharmacists
- Dentists
- Naturopaths
- Chiropractors
- TCM practitioners
- or any healthcare professional registered with an association, who holds a relevant Bachelor Degree in their field of expertise or a researcher in the field of nutritional and/or environmental medicine.

On completion you may use the post nominals **FACNEM** in recognition of your expertise in the field.

## Price

**Enrolment Fee** **\$1995 \*ex GST**  
OR

**Enrolment Fee + Professional Membership Bundle** **\$2,345 \*ex GST**

**Purchase Learning Modules individually or as a**

**5 Core + 3 Elective Learning Module Bundle** **\$3,045 \*ex GST**

**Purchase 30hrs of NEM training from acnem Masterclasses or Short Courses.**

acnem members FREE Monthly Webinars accepted

**Viva Voce Exam** **\$495 \*ex GST**

## Testimonials

We have a distinguished group of practitioners who are Fellows of acnem, here is what some of them have said about the acnem Fellowship.



**“Undertaking an acnem fellowship is an essential next step in consolidating your knowledge in integrative medicine.”**

*-Dr Cris Beer*



**“acnem training opened my eyes toward my voyage of understanding the complexities of biochemistry, epigenetics and using person centered management. This was one of the best decisions in my professional life.”**

*-Dr Sanjeev Sharma*

FOR MORE INFORMATION AND TO SECURE YOUR SPOT VISIT  
[www.acnem.org](http://www.acnem.org)